This week we are prompted to think about anti-bullying messages for National Day of Action Against Bullying and Violence on 21/3/14. Physical violence, bullying and harassment are not acceptable at school. We must communicate effectively with each other to solve our problems. Sometimes it is tempting to retaliate and turn around to strike another person who has done something or said something that we don’t like. This is never acceptable. Likewise, mucking around by tripping people, pushing them or shoving them is not okay. We have an effective but simple campaign which has been used at Frenchville for many years. If implemented consistently and sensibly, it remains effective.

REMEmBER:

- Stand assertively
- Mean what you say
- Never say it ‘just for fun’
- Take it seriously
- Open body stance
- Ground yourself to deliver the message
- Make eye contact
- Put your hand out to add impact
- Move away

- Respect the message if somebody says it to you
- Acknowledge what has been said
- Move away
- Know that if this message is delivered to you and you don’t stop what you are doing, the person will report you IMMEDIATELY to an adult
- The adult will take action

This is the most powerful strategy we have – communication.

We appreciate your support at home to ensure we are able to minimise physical retaliation or physical behaviour infringements here at school. Most importantly, tell your child to report incidents of concern immediately as they occur, if they have not been able to stop behaviours directed at them. If we know early, we can intervene quickly and solve any potential problems when the incident is fresh in the minds of victims, perpetrators and witnesses. When things go wrong at school, our policy is to investigate by interviewing victims, perpetrators and bystanders. This may include taking statements from students, teachers, teacher aides and any other witnesses. We then make a determination about what has occurred based on these accounts. Consequences are imposed – these include time in responsible thinking room where a reflection is undertaken and a plan is made to avoid similar situations, an apology to the victim (written or oral), time at the office, structured play timetables, parent contact, or community service. If behaviour is extreme or repeated, suspensions are imposed. Being respectful to fellow students is crucial – students who do not respect the rights of others to have a peaceful, safe and settled learning environment need to change their behaviours. More details can be found at www.bullyingnow.gov.au.

Leisa Neaton
Principal
**Spellathon Funds are now due in**

All students who participate and return their sponsor sheet with over $20 worth of sponsorship by 19/3 will receive an incentive prize. The highest fundraising class in Prep to Year 2 and Year 3 to Year 7 will receive a class incentive prize to the value of $100. Other incentives for individual targets apply as follows:

- a) Raise $40 and receive a $5 tuckshop voucher
- b) Raise $50 and receive a movie voucher
- c) Raise $100 and receive a $20 Amart All Sports voucher or $20 tuckshop voucher

**Scabies Alert**

We have had a reported case of Scabies in one of our prep classrooms. Scabies is a skin infestation caused by a mite called Sarcoptes scabiei. These mites burrow into the skin where they live and reproduce. Scabies spreads through close human contact and close contact with bedding, soft furnishings etc. Medical treatment has commenced for the family who has Scabies and no exclusion period is necessary according to Department of Health guidelines.

However, we advise all families to be aware of the symptoms of Scabies which include:
- an itch, often worse at night or after a hot shower
- red lines/burrows/raised red lumps between fingers, toes, on wrists, abdomen etc.

Treatment products can be sourced from a chemist if you think your child may have Scabies.

**Covering of Wounds for School**

In the interests of hygiene we always like to see weepy wounds, sores or cuts covered while students are at school. School sores or Impetigo can spread rapidly if they are not covered. Sometimes sores don’t initially present as school sores – some look like mosquito bites initially. For everyone’s protection we request that waterproof dressings are applied before the child arrives at school each day. If you suspect your child has school sores, please remember that a 24 hour exclusion period applies once antibiotics are commenced. Dressings should remain on as long as possible and certainly until sores are crusted over.

**Headlice**

Effective treatment commenced as soon as eggs or live lice are noticed is the key to headlice eradication. This does not simply mean one chemical treatment. It means one to two weeks of follow up vigilance at home to check that eggs are removed. Conditioner and a fine tooth comb pulled through the hair and then wiped on a tissue shows any remaining eggs. Remove them all and these is less chance of reinfection. Always follow the chemical notes on the products from the chemist about initial treatment and follow up treatment.

**Sport Transport**

We really appreciate the efforts of our volunteer transporters for sport each week. We would like to request however, that students are dropped off safely at drop off zones – the safest area is probably at the Frenchville Road drop off area near the shelter shed as this area does not require students to cross any roads or use any unpatrolled crossings. Thanks.

**2014 School Photos**

- School photos will be taken on the 1st and 2nd of April.
- We have new photographers this year: Advanced Life Photography (a decision made through P&C last year).
- An order envelope has been sent home with every student today.
- Inside the envelope is a flyer outlining the packages available.
- Each student ordering photos must submit a separate envelope with their details written in the appropriate section, even if they have siblings at school.
- If you require a family portrait of siblings at Frenchville State School, Sibling Order Forms are available at the office.
- All orders need to be made by the day of your child’s photo – no late orders will be taken.
- Please see draft timetable below for your child’s photo time. NB: changes to timetable may be made by the photographers.

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**Prep 2015**

We believe, based on previous years of enrolment data, that we will be able to offer out of catchment places for prep 2015. To avoid confusion, misinformation and concern, we will guarantee, as we’ve done in the past, that enrolment forms completed and lodged at the office by the end of term one 2014 for prep in 2015 will be guaranteed a place, whether they reside in catchment or not. We will then review our numbers and decide whether we need to limit out of catchment enrolments from the start of term 2. Enrolment documents can be downloaded from our website right now. We are also requesting that younger siblings of all current students complete the enrolment forms and lodge with the office as soon as possible so that we can manage enrolment within the plan’s guidelines. If you have already lodged your forms, this means your child is automatically guaranteed a space with us in 2015, whether in catchment or not.

A reminder of the age rules for prep 2015: If you have a child born from 1 July 2009 – 30 June 2010 he/she is eligible for prep enrolment in 2015 at Frenchville State School.

Please complete an enrolment form and return it to Frenchville State School. Your early notification of your intention to enrol your child in prep at Frenchville in 2015 is appreciated as it will assist us greatly with our staffing.

**Advanced Life Photography**

Ph: 1300 728 972

Email: enquiries@advancedlife.com.au

Web: www.advancedlife.com.au

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**Enrolment Pack**

Click on **Our Enrolment Pack** from the main menu to download forms. For more information please call the school on 49315333.

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**Types of Bullying – From our Guidance Officer, Greg Muller**

Ken Rigby, author, research professor and a leading educational expert based at the University of South Australia, has defined bullying as "An initial desire to hurt. This desire is expressed in action, someone is hurt, the action is directed by a more powerful person or group, it is without justification, it is typically repeated, and it is done so with evident enjoyment.” Ken Rigby (1998). Some of the types of bullying:

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**Birth date:**

<table>
<thead>
<tr>
<th>Child born</th>
<th>Eligible for Prep Year in:</th>
<th>Eligible for Year 1 in:</th>
</tr>
</thead>
</table>

and facilities planning. Get your forms in to be included on the 2015 intake list. FOR ENROLMENT FORMS: www.frenchviss.eq.edu.au.

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Face-to-face or direct bullying involves physical contact such as punching, kicking, direct verbal abuse and taking a child’s property.

Covert or indirect bullying is usually done on the sly and is not easy to detect. It includes excluding people, spreading lies and playing humiliating tricks. Sometimes it is a secret club where the bully is the leader and they exert their power and influence over others in the club.

Cyberbullying is where bullies use digital forms of communication such as SMS, social media sites, chat rooms and mobiles to intentionally and repeatedly humiliate and cause distress to another person. It can be anonymous and easily broadcast en-masse.

Dance Party – our first for 2014

**Friday 21 March 2014**

**THEME:** HAPPY

<table>
<thead>
<tr>
<th>Prep – Year 2 (only)</th>
<th>5.30pm – 6.45pm</th>
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</thead>
<tbody>
<tr>
<td>Year 3 – Year 7 (only)</td>
<td>7.00pm – 8.30pm</td>
</tr>
</tbody>
</table>

**Cost:** $5 single or $10 Family

(Parents and small children free)

**Conditions:** Tickets can be purchased at school on Thursday 20 March and Friday 21 March outside the tuckshop.

Tickets will be on sale from 8.15am – 9.00am.

No tickets will be available at the door.

We would appreciate children being collected by 6.45pm and 8.30pm respectively. This is a slight change of time on previous years.

**Year 3-7 children are not permitted at the “littlies” dance party and no supervision can be provided for years 3-7 children arriving before 7.00pm. Children will not be allowed to leave the hall until collected by a parent.** We would ask that you come in and collect your child.

Poor behaviour will not be tolerated. We want all the children to enjoy themselves (as they have in the past) without being affected by unacceptable behaviour. Poor behaviour may lead to a child being barred from attending the next disco or sent home. “Foreign” objects are not allowed to be brought into the disco, eg. MP3 players. Large bags which can be used to conceal objects will not be allowed in.

Parents of younger children are welcome to stay and enjoy the dance party with their children.

**Chips & drinks will be on sale for $2.**

Glow sticks will be on sale with all proceeds going to the year seven camp. $1 each.

A sausage sizzle will also be conducted to raise funds for year seven camp at the dance party. Thanks to Mrs Heynes for coordinating this event. **Show your support by having dinner at the disco or purchasing it as you go home.**

**P-2:** Canteen items can be paid for by parents at the door (children’s hands are stamped for what they purchase).

**Years 3-7:** Bring money to buy from the canteen.

**Dance Party Help**

Adults are needed for various duties at the dance party. Please complete your details below if you can help out on the night.

**Adult Volunteer Name:**

<table>
<thead>
<tr>
<th>Prep – 2</th>
<th>5.30pm-6.45pm</th>
<th>□ (Please tick time slot)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 3 – 7</td>
<td>7.00pm-8.30pm</td>
<td>□ you can help at</td>
</tr>
</tbody>
</table>

**Can we win some more iPads?**

The Morning Bulletin is giving away a **set of ten iPads** to one lucky school.

A token will be published in The Bulletin everyday from Saturday February 22 until Monday March 31 and the school with the most tokens at the end of the 5-week promotion, wins the set of ten iPads. Start collecting tokens now!

**Senior Camp Reminder**

Just a reminder that camp payments can be made at any time. A camp bulletin will be sent home shortly.

**Tuckshop Roster**

Roster commencing Monday 24 March

**Monday:** Help needed

**Tuesday:** J Spyve

**Wednesday:** T Pirie, J Hall

**Thursday:** Help needed

**Friday:** R Grant, Y Taylor, J Connolly

C Hills (Convenor)

**SPORT FIXTURES**

**21 March 2014**

**Cricket**

| Frenchville Seniors v St Joseph’s PA | Kalka Shades 2 |
| Frenchville Blue Juniors v Gracemere | Rton Cricket Grounds 1 |
| Frenchville White Juniors v Frenchville (Blue) | Frenchville SS |
| Frenchville 5’s v The Hall | Juds Park |
| Frenchville Minors v Allenstown | Victoria Park 2 |

**Softball**

| Frenchville Year 7 v Park Avenue | Park Avenue |
| Frenchville Year 6 v Mt Archer | Kele Park 3 |

**Hockey at Kalka Shades**

| 1.00-1.15pm | Frenchville 4 v St Joseph’s Wandal 1 | Turf 1 |
| Frenchville 2 v St Joseph’s Wandal 3 | Grass 2 |
| 1.20-1.35pm | Frenchville 3 v St Joseph’s PA 3 | Turf 1 |
| Frenchville 1 v St Joseph’s PA 5 | Grass 2 |
| 1.40-1.55pm | Frenchville 2 v St Joseph’s Wandal 1 | Grass 1 |
| Frenchville 4 v St Joseph’s PA 4 | Grass 2 |
| 2.00-2.15pm | Frenchville 1 v St Joseph’s PA 3 | Grass 1 |
| Frenchville 3 v St Joseph’s PA 1 | Grass 2 |

**Basketball at Hegvold Stadium**

| 12.30pm | Frenchville White v Glenmore Green | Court 1 |
| 12.30pm | Frenchville Black v RGS Kellow | Court 2 |
| 1.40pm | Frenchville Blue v Allenstown Orange | Court 2 |
| 1.40pm | Frenchville Red v Glenmore Orange | Court 3 |

**Community Notices**

**123 MAGIC & EMOTION COACHING- Parenting Program**

A three week course, with 3 hour sessions covering:

- How to discipline without arguing, yelling or smacking
- How to sort behaviour
- How to handle challenging and testing behaviours
- Choosing your strategy, the “three choices”
- Using emotion coaching to encourage good behaviour

**BUOYANT PARENTING:** Five 3Hrs Sessions

This program assists parents to lead and guide their family like a skipper steers a ship through the rapids of life!

**LEARN**

- How to raise children's self-esteem
- How to improve communication skills and to manage anger
- How to reduce stress levels, establish boundaries
- How to use consequential parenting and appropriate discipline
- How to assist children experiencing grief and loss
- How to assist children to set short and long term goals

For further information please contact Centacare on 1300 523 985
Urgently wanted: U12 football (soccer) players!
Bluebirds United Football Club is seeking up to 5 players - girls or boys - to complete teams in the U12 age group for the upcoming season commencing 22 March. Children turning 12 this year are eligible. For more details please contact our President Simon Ross on 0419793581 or via email on admin@bluebirdsufc.com.au.

Rockhampton 12 Years and Under School Hockey
Trials for Boys and Girls
Aged: 10 - 12 Year olds

Regional trials are being held at Frenchville Rovers
Home field (Corner of Mason and Rustic Street) on
Monday 24th March and
Monday 31st March 2013
Training time is 4.00pm - 5.00pm
Follow up training sessions will be held in April prior to the Capricornia Trials on Thursday 8th May in Rockhampton.

All players require own hockey stick, ball, safety gear (shin pads, mouth guard, goalie equip. etc.) water bottle and hat.

Contact – Kylie Weatherhead Frenchville SS 49 315 333
Stephen Kydd Gracemere SS 49 317 555

Saturday 3 May 2014
Heights College Oval
1.00pm – 7.30pm

Admission: $20 Single  $40 Double  $60 Family

Proudly Hosted by:
Cathedral of Praise

CHAI TIME
AROMAS FROM AROUND THE WORLD

Let’s get together to celebrate Harmony Day at Chai Time
Bring your own tea / chai and biscuits to share and take a virtual tour of the history of tea from various countries.

Date: Saturday 22 March 2014
Time: 10am - 12pm
Venue: Fitzroy Room, Rockhampton Regional Library
Everyone is welcome

THE GREATER ROCKHAMPTON DISTRICT PRIMARY SCHOOLS’ TOUCH TRIALS 2014
12 YEARS & UNDER GIRLS ONLY

WHEN: Saturday 22nd March 2014 10AM – 2PM

There will be a 45min lunch break 12pm – 12:45pm. Players will need to organize their own food for lunch.

WHERE: ROCKHAMPTON TOUCH FIELDS

WHO: Experienced girl touch players from age 10 to 12 (born 2004 - 2002) that are suitably skilled for representative touch are invited to trial.

WHAT TO BRING: Water bottle, hat, sunscreen and lunch. Players should wear appropriate clothing and playing shoes suitable for grass. Please DO NOT wear any former representative playing gear.

PLEASE NOTE: THIS WILL BE THE ONLY TRIAL DATE

Selected players must be available to attend Capricornia Touch Trials to be held in Rockhampton on Monday 19th May 2014, as well as train on the allocated days and times specified by the coach and manager.

For any further information please contact:

Coach: Ms Lisa Dean  Manager: Mrs Paula Goodman
The Caves State School  Waraburra State School
Phone: 49 126 111  Phone: 49 317 888
Email: ldean36@eq.edu.au  pgoo0@eq.edu.au
STAND UP, DON’T STAND BY

The Anger Rules

It’s OK to feel angry

BUT

Don’t hurt others

Don’t hurt yourself

Don’t hurt property

DO TALK ABOUT IT